



SPORTS PHYSIOTHERAPY

At Family Physiotherapy, we provide care for individuals recovering from sports-related concerns or looking to maintain active lifestyles. Our team works with you to address movement challenges and help you return to the activities you enjoy.

ABOUT

FAMILY PHYSIOTHERAPY EDMONTON

Supporting Your Recovery, One Step at a Time

At Family Physiotherapy Edmonton, we focus on helping individuals improve their physical function and overall well-being. Our team works closely with you to provide care that reflects your personal health goals in a welcoming and respectful environment.

Our Vision

To create a space where individuals feel supported in their journey toward physical wellness and mobility.

Our Mission

To offer thoughtful physiotherapy services that promote movement, function, and comfort in daily life.



SPORTS PHYSIOTHERAPY CARE

Supporting Recovery Through Movement

At Family Physiotherapy Edmonton, our approach to sports physiotherapy is guided by careful assessment and movement-based care. We help individuals manage physical stress, support healing, and work toward functional goals at a steady pace.

- **Activity-focused assessment**
- **Manual therapy and guided exercises**
- **Gradual return to movement and function**



WHY

FAMILY PHYSIOTHERAPY EDMONTON

- **Personalized care aligned with individual goals**
- **Welcoming environment focused on comfort and trust**
- **Evidence-informed physiotherapy techniques**
- **Convenient northeast Edmonton location**



Book a Consultation



587-977-1684



familyphysio@telus.net



#G104 Edmonton, AB, T5C 3H7

CONTACT US

